

## ALPHA ANNOUNCEMENT FOR FEB 3 & 4, 2018

Over the last few weeks, there have been quite a few announcements made about registration opening up again for Alpha, but we thought that it might be worth taking a moment of your time to briefly explain exactly what Alpha is and why you might consider joining this upcoming session yourself, or inviting someone you know to join.

To put it as simply as possible, Alpha explores the basics of the Christian faith. Each session looks at a different question, such as "Is there more to life than this?" or "Who is the Holy Spirit?" and is designed to create conversation. There is no pressure, no follow up and no charge; it is just an open, informal, and honest space to explore and discuss life's big questions together.

Each session starts with great food, is followed by an amazing video talk, and ends with the most important part - no, not dessert - with the chance to share your thoughts and ideas about the talk *without being judged*.

There is also absolutely no obligation to say anything, it is simply an opportunity to hear from others and contribute your own perspective if you wish to.

If you know someone who is looking for answers or questioning their faith, or if you yourself could do with asking some of life's big questions, then please consider extending an invite to the person you have in mind or accepting this message as your own personal invitation.

You can register for Alpha at [www.valleycatholicchurches.com](http://www.valleycatholicchurches.com) and click on the Alpha tab.